

**OMTFA Outdoor Championship**  
**03 June 2007**  
**London, Ontario**

Track Results

Women

100 metres

<b>W30</b>			
1	Ayippey, Mavis	W30 Mississauga Trac	12.74 -1.0
2	Marcantonio, Sandra	W30 Unattached	13.91 -1.0
<b>W40</b>			
1	Sanchez, Michelle	W40 Athletiques Inte	17.83 -1.0
<b>W45</b>			
1	Gunasekera, Roshani	W49 Unattached	16.18 -1.0
2	Harron, Chris	W49 Etobicoke H	16.46 -1.0
<b>W50</b>			
1	Alexis, Wendy	W52 Ottawa Track	14.04 -2.3
2	Graczyk, Ela	W54 Unattached	15.86 -2.3
<b>W55</b>			
1	Trott, Rhona	W58 Hamilton Oly	15.42 -2.3
<b>W60</b>			
1	Piresferreira, Marta	W62 Ottawa Track	17.25 -2.3

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200 metres

<b>W30</b>			
1	Ayippey, Mavis	W30 Mississauga Trac	25.97 -1.6
2	Marcantonio, Sandra	W30 Unattached	28.29 -1.6
<b>W45</b>			
1	Harron, Chris	W49 Etobicoke H	35.51 -1.6
<b>W50</b>			
1	Alexis, Wendy	W52 Ottawa Track	29.29 -1.6
2	Graczyk, Ela	W54 Unattached	33.25 -1.6
<b>W55</b>			
1	Trott, Rhona	W58 Hamilton Oly	32.50 -1.6

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400 metres

<b>W40</b>			
1	Bailey-Mason, Gwen	W40 Unattached	65.31 59
<b>W45</b>			

1 Willis, Katherine	W48 EtobicokeTC	76.41	65
W70			
1 Horne, Jean	W74 Unattached	1:24.53	55
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800 metres			
W45			
1 Willis, Katherine	W48 EtobicokeTC	2:53.78	2:41
W50			
1 Northcott, Clara	W52 EtobicokeTC	2:51.51	2:32
W65			
1 Rosenitsch, Ann Marie	W66 EtobicokeTC	3:38.23	2:33
W70			
1 Horne, Jean	W74 Unattached	3:16.29	2:04
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1500 metres			
W40			
1 Snarr, Tracey	W42 Newmarket Huskies	5:40.88	5:22
W50			
1 Quibell, Rita	W51 Newmarket Huskies	5:29.22	4:36
2 Northcott, Clara	W52 EtobicokeTC	5:47.13	4:51
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5000 metres			
W40			
1 Watson, Margaret	W44 Unattached	21:12.42	20:22
2 Parkinson, Andria	W43 Unattached	28:46.02	27:38
W50			
1 Tedford, Cathy	W54 Scarborough Masters	37:33.51	32:23
W60			
1 Wells, Nancy	W61 Longboat RR	24:01.68	18:04
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5000 Racewalk			
W30			
1 Raetsen, Sarah	W31 EtobicokeTC	30:20.93	
30:20.21 65.21%			
2 Newroth, Stephanie	W34 Metro Fitnes	31:26.28	
31:14.97 63.31%			
W35			
1 McBurney, Tracey	W38 Ontario RaceWalkers	33:36.03	
32:47.65 60.33%			
W40			

1 DePompa, Rita 37:24.72 52.88%	W40 Unattached	38:52.17
W45		
1 Cashman, Kitty 25:41.78 76.99%	W46 EtobicokeTC	28:00.41
2 Rossi, Joanne 29:49.40 66.34%	W49 Metro Fitnes	33:20.44
3 Santi, Wendy 29:51.72 66.25%	W49 Metro Fitnes	33:23.04
W50		
1 Lee, Sharon 27:53.98 70.91%	W50 Metro Fitnes	31:28.08
2 Mitchell, Laurie 32:05.90 61.63%	W52 EtobicokeTC	36:52.91
W55		
1 Whalen, Lily 27:14.27 72.63%	W55 EtobicokeTC	32:13.81
2 Liscio, Lina 26:42.05 74.09%	W58 Metro Fitnes	32:36.81
3 Magni, Mary 29:56.83 66.06%	W57 London Pacers	36:11.13
4 Chetwynd, Anne 31:38.33 62.53%	W55 Metro Fitnes	37:26.27
W65		
1 Rosenitsch, Ann Marie 24:46.66 79.84%	W66 EtobicokeTC	33:21.15
2 Christensen, Joan 24:42.54 80.07%	W67 Scarborough Masters	33:42.83
3 Van Leeuwen, Dianne 26:22.50 75.01%	W66 London Pacers	35:30.16
W70		
1 Provost, June-Marie 23:32.94 84.01%	W73 London Pacers	35:08.55

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High hurdles

W35			
1 Thomas, Anita	W37 EtobicokeTC	20.35	-1.1
W55			
1 Trott, Rhona	W58 Hamilton Oly	15.69	+0.0

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Men

100 metres

M30

1 James, Michael	M30 Mississauga Trac	11.40	-3.8
2 Smeath, Daryl	M31 Unattached	13.15	-3.8
M35			
1 Allen, Desmond	M36 Unattached	11.44	-3.8
2 Proudfoot, Marc	M37 Unattached	12.96	-3.8
M40			
1 Robinson, Paul	M42 Unattached	12.45	-3.2
2 Price, Willie	M44 Usa	12.82	-3.2
3 Renelique, Eddy	M43 Oakville Legion	12.86	-3.2
4 Biglow, John	M41 Kajaks	13.02	-3.2
5 Chapman, Michael	M44 Unattached	13.27	-3.2
6 Reinhart, Otto	M40 Usa	13.44	-3.2
7 Smith, Sheffield	M40 Unattached	13.82	-3.2
M45			
1 Lee Foon, Michael	M46 Unattached	12.19	-2.5
2 Varone, John	M48 Unattached	12.75	-2.5
3 Loh, Lawrence	M49 Ottawa Track	13.01	-2.5
4 White, Mel	M48 Unattached	13.14	-2.5
5 Roblin, Blair	M49 EtobicokeTC	13.24	-2.5
6 Arnfield, Spencer	M47 Bad Boyz AC	14.14	-2.5
M50			
1 Smith, Kerry	M53 EtobicokeTC	12.24	-2.7
2 Malpus, Rob	M50 Unattached	13.49	-2.7
3 Cilevitz, Ralph	M53 EtobicokeTC	14.58	-2.7
4 Millar, Don	M54 London Legion T&	16.62	-2.7
M55			
1 Zlobicki, Zeek	M57 Usa	13.30	-2.7
2 Chubb, Roy	M57 Scarborough Masters	13.94	-2.7
3 Hogan, Peter	M56 Usa	14.42	-2.7
M60			
1 Powell, Tony	M63 Unattached	13.38	-3.5
2 Ray, Clarence	M62 Usa	13.53	-3.5
3 Butts, Tim	M64 Usa	14.37	-3.5
4 Horvath, Jozsef	M60 Windsor Legion	15.99	-3.5
M65			
1 Morris, Mike	M66 Quebec	14.20	-3.5
2 Slater, Alan	M65 Woodstock Lac	14.92	-3.5
3 McGruder, Malachi	M65 Usa	15.57	-3.5
M70			
1 Sharma, Dev	M71 Masters Sprint Club	15.09	-1.5
2 Wardle, Ray	M74 Ottawa Track	16.09	-1.5
3 Poonia, Kesar Singh	M73 Masters Sprint Club	16.35	-1.5
M75			
1 Thompson, Bill E.	M77 Hamilton Oly	17.68	-1.5

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200 metres

<b>M35</b>			
1 Allen, Desmond	M36 Unattached	24.07	-1.4
2 Proudfoot, Marc	M37 Unattached	26.28	-1.4
<b>M40</b>			
1 Crepsac, Malik	M40 Unattached	23.48	+0.0
2 Robinson, Paul	M42 Unattached	25.08	+0.0
3 Renelique, Eddy	M43 Oakville Legion	25.24	+0.0
4 Reinhart, Otto	M40 Usa	26.09	+0.0
5 Price, Willie	M44 Usa	26.19	+0.0
6 Biglow, John	M41 Kajaks	26.63	+0.0
7 Chapman, Michael	M44 Unattached	27.56	+0.0
<b>M45</b>			
1 Lee Foon, Michael	M46 Unattached	24.03	-0.1
2 Loh, Lawrence	M49 Ottawa Track	25.93	-0.1
3 Ritchie, Don	M45 EtobicokeTC	26.05	-0.1
4 White, Mel	M48 Unattached	26.40	-0.1
5 Roblin, Blair	M49 EtobicokeTC	26.41	-0.1
<b>M50</b>			
1 Solomon, Liviene	M50 EtobicokeTC	26.29	-0.1
2 Davis, Ken	M52 Toronto Purs	27.19	-0.1
3 Cilevitz, Ralph	M53 EtobicokeTC	31.77	-0.1
4 Millar, Don	M54 London Legion T&	32.43	-0.1
<b>M55</b>			
1 Zlobicki, Zeek	M57 Usa	26.63	-0.1
2 Chubb, Roy	M57 Scarborough Masters	29.94	-0.1
<b>M60</b>			
1 Powell, Tony	M63 Unattached	26.60	0.2
2 Mitchell, Bruce	M63 EtobicokeTC	30.07	0.2
3 Powell, John	M63 EtobicokeTC	35.57	0.2
<b>M65</b>			
1 Morris, Mike	M66 Quebec	29.45	0.2
2 Pascoe, Jim	M69 Rouge River RR	33.63	0.2
<b>M70</b>			
1 Sharma, Dev	M71 Masters Sprint Club	30.87	-0.8
2 Wardle, Ray	M74 Ottawa Track	34.04	-0.8
<b>M75</b>			
1 Thompson, Bill E.	M77 Hamilton Oly	37.91	-0.8

400 metres

<b>M30</b>			
1 Hrynkow, Christopher	M30 Ottawa Track	57.97	
2 Smeath, Daryl	M31 Unattached	58.67	
<b>M35</b>			
1 Proudfoot, Marc	M37 Unattached	60.85	
<b>M40</b>			

1 Crepsac, Malik	M40 Unattached	52.55
2 Lemassif, Chris	M40 University Of To	53.52
3 Renelique, Eddy	M43 Oakville Legion	55.44
4 Reinhart, Otto	M40 Usa	56.20
5 Jordan, Fred	M43 QLT	72.74
<b>M45</b>		
1 Loh, Lawrence	M49 Ottawa Track	58.44
<b>M50</b>		
1 Smith, Kerry	M53 EtobicokeTC	55.22
2 Robbins, Fred	M52 EtobicokeTC	64.43
<b>M55</b>		
1 Carter, Mike	M57 EtobicokeTC	63.68
2 Hogan, Peter	M56 Usa	66.06
<b>M60</b>		
1 Butts, Tim	M64 Usa	69.78
<b>M65</b>		
1 McIlwaine, Bill	M68 EtobicokeTC	74.72
2 Pascoe, Jim	M69 Rouge River RR	78.75
<b>M70</b>		
1 Sharma, Dev	M71 Masters Sprint Club	72.14
2 Wardle, Ray	M74 Ottawa Track	1:20.10
<b>M75</b>		
1 Fee, Earl	M78 EtobicokeTC	70.34

800 metres

<b>M30</b>			
1 Hrynkow, Christopher	M30 Ottawa Track	2:12.22	2:12
<b>M35</b>			
1 Tremain, Rich	M35 Tri City Track	1:58.43	1:58
2 Van Nest, Trevor	M39 Newmarket Huskies	2:07.35	2:06
3 Byrne, Louis	M35 Toronto Olym	2:11.19	2:10
4 McLaughlin, Craig	M38 Newmarket Huskies	2:19.41	2:19
<b>M40</b>			
1 Jordan, Fred	M43 QLT	2:41.91	2:33
<b>M45</b>			
1 Fiorini, Dan	M45 Newmarket Huskies	2:18.89	2:06
<b>M50</b>			
1 Solomon, Liviene	M50 EtobicokeTC	2:17.27	1:59
2 Hutchinson, Brent	M50 Brantford Track	2:20.91	2:02
3 Robbins, Fred	M52 EtobicokeTC	2:22.92	2:04
4 Meleca, Joe	M52 Newmarket Huskies	2:27.09	2:07
<b>M55</b>			
1 Carter, Mike	M57 EtobicokeTC	2:26.80	2:02

M60				
1 McGill, Dave	M61 Track North	2:32.19	2:01	
M75				
1 Fee, Earl	M78 EtobicokeTC	2:42.21	1:49	

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1500 metres

M35				
1 Tremain, Rich	M35 Tri City Track	4:06.18	4:03	
2 Byrne, Louis	M35 Toronto Olym	4:42.51	4:38	
3 McLaughlin, Craig	M38 Newmarket Huskies	4:51.97	4:48	
M45				
1 Andrew, Tim	M46 Monke Lake TC	4:34.56	4:05	
2 Fiorini, Dan	M45 Newmarket Huskies	4:45.40	4:15	
3 Whitlock, Neil	M47 Milton RR	5:07.24	4:34	
4 Hardy, Garry	M48 Unattached	5:59.36	5:21	
M50				
1 McCaskill, David	M51 Rouge River RR	4:53.52	4:10	
2 Hutchinson, Brent	M50 Brantford Track	5:00.35	4:16	
3 Meleca, Joe	M52 Newmarket Huskies	5:06.58	4:22	
M55				
1 Hale, Murray	M57 EtobicokeTC	5:23.23	4:24	
M60				
1 McGill, Dave	M61 Track North	5:19.14	4:10	
2 Cobbledick, Roger	M63 Ottawa Track	5:28.17	4:17	
M75				
1 Whitlock, Ed	M76 Milton RR	5:26.03	3:37	
M80				
1 Comber, Robert	M81 Walkers Runners	7:12.52	4:29	

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5000 metres

M35				
1 Gosleigh, Ken	M39 Saugeen Track Club	16:58.36	16:36	
M45				
1 Holiday, John	M47 Newmarket Huskies	16:45.46	15:14	
2 Kaandorp, John	M45 Saugeen Track Club	17:03.47	15:31	
3 Air, Donald	M46 Unattached	19:54.61	18:06	
4 Hardy, Garry	M48 Unattached	22:17.50	20:17	
M50				
1 Campbell, Bruce	M51 Lakeshore Masters	20:57.23	18:19	
M55				
1 Sikora, Joe	M56 Unattached	20:08.37	16:54	
2 Hale, Murray	M57 EtobicokeTC	20:53.51	17:32	

M60				
1 Long, Burt	M61 Unattached	19:44.64	15:52	
2 Woodhall, David	M64 Unattached	21:33.21	17:20	
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Steeplechase				
2000m				
M65				
1 Christensen, Vern	M66 Scarborough Masters	9:02.42	9:49	
3000m				
M40				
1 Jordan, Fred	M43 QLT	13:57.73	12:46	
M45				
1 Deighan, Chris	M47 Newmarket Huskies	11:09.47	9:45	
M50				
1 Robbins, Fred	M52 EtobicokeTC	11:51.98	9:55	
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High hurdles				
M50				
1 Cilevitz, Ralph	M53 EtobicokeTC	20.12	-1.1	
2 Sinnathurai, Thevarajan	M53 United T Sports	21.19	-1.1	
M70				
1 Sharma, Dev	M71 Masters Sprint Club	17.68	+0.0	
2 Lehmkuhl, Paul	M74 Usa	18.97	+0.0	
3 Poonia, Kesar Singh	M73 Masters Sprint Club	21.33	+0.0	
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5000 Racewalk				
M35				
1 MacKinnon, Rob	M37 Metro Fitnes	31:40.33		
30:44.09 58.44%				
M50				
1 Dinger, Hans	M50 EtobicokeTC	29:14.42		
25:36.70 70.12%				
M55				
1 Dragomir, Gerry	M55 Unattached	28:40.83		
24:03.78 74.64%				
2 Dewey, Ray	M57 Metro Fitnes	33:45.24		
27:48.60 64.58%				
M60				
1 Ramsden, Don	M60 London Pacers	31:48.65		
25:28.07 70.52%				

M70

1 Summerhayes, Stuart  
22:58.03 78.20%

M73 Cambridge RW

33:16.56

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**OMTFA Outdoor Championship**  
**3 June 2007**  
**London, Ontario**

**Field Events**

**Women**

**High Jump**

W55				
1 Trott, Rhona	W58 Hamilton Oly	1.05m	1.39	

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**Long Jump**

W40				
1 Sanchez, Michelle	W40 Athletiques Inte	3.02m	NWI	

W45				
1 Gunasekera, Roshani	W49 Unattached	3.70m	NWI	

W55				
1 Trott, Rhona	W58 Hamilton Oly	4.12m	NWI	

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**Triple Jump**

W45				
1 Gunasekera, Roshani	W49 Unattached	7.77m	NWI	

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**Shot Put**

W40				
1 Sanchez, Michelle	W40 Athletiques Inte	6.78m	7.94	

W45				
1 Dabrowski, Barb	W49 Throwers Club	7.88m	10.38	

W55				
1 Trott, Rhona	W58 Hamilton Oly	7.80m	11.84	
2 Carter, Myrtle	W57 Etobicoke H	6.36m	9.66	

W70				
1 Poonia, Harbans	W71 Unattached	3.86m	8.19	

W75	1 Tomsons, Velta	W79 Throwers Club	5.83m	14.26
Discus				
W40	1 Sanchez, Michelle	W40 Athletiques Inte	17.71m	19.60
W45	1 Dabrowski, Barb	W49 Throwers Club	25.53m	30.59
W55	1 Trott, Rhona	W58 Hamilton Oly	18.10m	25.96
W75	1 Tomsons, Velta	W79 Throwers Club	14.37m	34.05
Javelin				
W45	1 Dabrowski, Barb	W49 Throwers Club	32.63m	40.57
	2 Neilson, Ana Maria	W45 Throwers Club	31.40m	39.04
W50	1 Mitchell, Laurie	W52 EtobicokeTC	7.57m	10.32
W55	1 Carter, Myrtle	W57 Etobicoke H	15.20m	23.48
Hammer				
W55	1 Trott, Rhona	W58 Hamilton Oly	19.93m	27.39
Weight throw				
Men				
High Jump				
M30	1 Smeath, Daryl	M31 Unattached	1.65m	1.66
M40	1 Crawford, Todd	M43 QLT	1.65m	1.82
	2 Olivierre, John	M43 Throwers Club	1.45m	1.60

<b>M45</b>				
1	Ritchie, Don	M45 EtobicokeTC	1.65m	1.91
2	Sanjari, Kevin	M47 Unattached	1.40m	1.62
<b>M50</b>				
1	Sinnathurai, Thevarajan	M53 United T Sports	1.45m	1.77
2	Cilevitz, Ralph	M53 EtobicokeTC	1.15m	1.40
<b>M55</b>				
1	Chubb, Roy	M57 Scarborough Masters	1.30m	1.68
<b>M60</b>				
1	Campbell, Rob	M63 Unattached	1.20m	1.64
<b>M70</b>				
1	Land, Bob	M70 Unattached	1.35m	2.10
2	Lehmkuhl, Paul	M74 Usa	1.15m	1.79
3	Poonia, Kesar Singh	M73 Masters Sprint Club	1.05m	1.63
3	Boles, Harvey	M70 Unattached	1.05m	1.63
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<b>Long Jump</b>				
<b>M30</b>				
1	Smeath, Daryl	M31 Unattached	5.53m	NWI
<b>M40</b>				
1	Crawford, Todd	M43 QLT	6.57m	NWI
<b>M45</b>				
1	Sanjari, Kevin	M47 Unattached	5.11m	NWI
<b>M50</b>				
1	Sinnathurai, Thevarajan	M53 United T Sports	5.31m	NWI
2	Cilevitz, Ralph	M53 EtobicokeTC	4.34m	NWI
3	Millar, Don	M54 London Legion T&	3.89m	NWI
<b>M55</b>				
1	Chubb, Roy	M57 Scarborough Masters	4.06m	NWI
<b>M60</b>				
1	Horvath, Jozsef	M60 Windsor Legion	4.18m	NWI
<b>M65</b>				
1	Slater, Alan	M65 Woodstock Lac	4.98m	NWI
<b>M70</b>				
1	Lehmkuhl, Paul	M74 Usa	3.41m	NWI
2	Poonia, Kesar Singh	M73 Masters Sprint Club	3.36m	NWI
3	Boles, Harvey	M70 Unattached	2.41m	NWI
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<b>Triple Jump</b>				
<b>M40</b>				
1	Crawford, Todd	M43 QLT	11.03m	NWI

<b>M45</b>				
1	Sanjari, Kevin	M47 Unattached	10.82m	NWI
<b>M50</b>				
1	Cilevitz, Ralph	M53 EtobicokeTC	10.16m	NWI
2	Millar, Don	M54 London Legion T&	7.66m	NWI
3	Campbell, Bruce	M51 Lakeshore Masters	6.83m	NWI
<b>M65</b>				
1	Slater, Alan	M65 Woodstock Lac	10.08m	NWI
<b>M70</b>				
1	Lehmkuhl, Paul	M74 Usa	7.79m	NWI
2	Poonia, Kesar Singh	M73 Masters Sprint Club	6.47m	NWI
3	Boles, Harvey	M70 Unattached	5.06m	NWI

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#### Pole Vault

<b>M30</b>				
1	Sniatenchuk, James	M34 Kitchener Waterl	3.80m	3.80
<b>M40</b>				
1	Crawford, Todd	M43 QLT	2.70m	2.98
<b>M50</b>				
1	Woodward, Terry	M53 Usa	3.05m	3.85
2	Cilevitz, Ralph	M53 EtobicokeTC	2.10m	2.65
<b>M60</b>				
1	Miller, Hugh	M60 Scarborough Masters	2.70m	3.99
2	Campbell, Rob	M63 Unattached	2.10m	3.10
<b>M70</b>				
1	Land, Bob	M70 Unattached	2.60m	4.62

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#### Shot Put

<b>M30</b>				
1	Smeath, Daryl	M31 Unattached	9.38m	9.38
<b>M35</b>				
1	Buhlman, James	M39 Etobicoke H	9.45m	9.45
<b>M40</b>				
1	Parkinson, Richard	M43 Throwers Club	12.21m	12.54
2	Smith, Sheffield	M40 Unattached	11.02m	11.31
3	Olivierre, John	M43 Throwers Club	9.55m	9.80
<b>M45</b>				
1	Bailey, Don	M48 Usa	12.57m	13.99
2	Ritchie, Don	M45 EtobicokeTC	11.54m	12.84
3	Yoisten, Dan	M47 Throwers Club	11.37m	12.65
<b>M50</b>				

1 Myers, Joe	M54 Usa	13.87m	15.90
2 Pearson, Bill	M54 Throwers Club	11.30m	12.95
3 Bzibziak, Ray	M52 Usa	10.64m	12.20
M55			
1 Knox, Gary	M57 Unattached	9.41m	11.98
2 Chubb, Roy	M57 Scarborough Masters	8.80m	11.20
M65			
1 McGruder, Malachi	M65 Usa	9.04m	13.30
2 Morris, David	M69 Throwers Club	8.75m	12.87
M70			
1 Poonia, Kesar Singh	M73 Masters Sprint Club	9.70m	12.62
2 Boles, Harvey	M70 Unattached	8.82m	11.48
M75			
1 Malmstrom, Eric	M75 Throwers Club	8.18m	12.30
2 Woerle, Max	M76 Throwers Club	6.84m	10.28
M80			
1 Viskers, Evalds	M81 Throwers Club	9.10m	14.09

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#### Discus

M40			
1 Parkinson, Richard	M43 Throwers Club	36.95m	36.95
2 Crawford, Todd	M43 QLT	35.37m	35.37
M45			
1 Bailey, Don	M48 Usa	44.86m	47.09
2 Yoisten, Dan	M47 Throwers Club	35.79m	37.57
3 Ritchie, Don	M45 EtobicokeTC	33.23m	34.88
4 Harding, Joe	M49 Windsor Legion	32.92m	34.56
M50			
1 Pearson, Bill	M54 Throwers Club	35.56m	35.56
2 Myers, Joe	M54 Usa	35.49m	35.49
3 Bzibziak, Ray	M52 Usa	33.21m	33.21
M55			
1 Knox, Gary	M57 Unattached	27.53m	30.23
2 Hogan, Peter	M56 Usa	25.75m	28.28
M65			
1 McGruder, Malachi	M65 Usa	31.28m	39.14
2 Morris, David	M69 Throwers Club	29.95m	37.47
M70			
1 Boyd, Jack	M72 Throwers Club	26.55m	37.50
2 Land, Bob	M70 Unattached	24.97m	35.27
3 Boles, Harvey	M70 Unattached	22.90m	32.35
4 Poonia, Kesar Singh	M73 Masters Sprint Club	20.05m	28.32
M75			
1 Woerle, Max	M76 Throwers Club	21.03m	34.10

M80				
1	Viskers, Evalds	M81 Throwers Club	27.77m	54.75
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Javelin				
M40				
1	Parkinson, Richard	M43 Throwers Club	50.84m	57.36
2	Olivierre, John	M43 Throwers Club	43.71m	49.31
M45				
1	Withers, Marty	M47 Brights Grove At	53.73m	65.99
2	St.Pierre, Peter	M48 Throwers Club	43.31m	53.19
3	Ritchie, Don	M45 EtobicokeTC	39.31m	48.28
M50				
1	Finkbeiner, Michael	M53 Hamilton Oly	48.04m	61.44
2	Solomon, Liviene	M50 EtobicokeTC	39.28m	50.23
3	Myers, Joe	M54 Usa	36.57m	46.77
4	Pearson, Bill	M54 Throwers Club	32.27m	41.27
5	Bzibziak, Ray	M52 Usa	28.70m	36.70
M55				
1	Knox, Gary	M57 Unattached	32.28m	45.38
2	Hogan, Peter	M56 Usa	19.62m	27.58
M65				
1	Pamenter, Fred	M67 Unattached	37.04m	61.10
2	McGruder, Malachi	M65 Usa	35.79m	59.03
3	Morris, David	M69 Throwers Club	25.12m	41.43
M70				
1	Boles, Harvey	M70 Unattached	24.44m	42.67
2	Poonia, Kesar Singh	M73 Masters Sprint Club	20.62m	36.00
M75				
1	Malmstrom, Eric	M75 Throwers Club	28.97m	58.22
2	Woerle, Max	M76 Throwers Club	15.16m	30.46
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#### Weight Throw

M40				
1	Parkinson, Richard	M43 Throwers Club	12.64m	13.83
2	Olivierre, John	M43 Throwers Club	10.29m	11.26
M45				
1	Yoisten, Dan	M47 Throwers Club	9.82m	11.52
M50 Weight Throw 11.35 Kg	Wt			
1	Graczyk, Jan	M54 Throwers Club	16.65m	18.51
2	Myers, Joe	M54 Usa	12.69m	14.11
3	Pearson, Bill	M54 Throwers Club	12.15m	13.51
4	Bzibziak, Ray	M52 Usa	9.54m	10.61
M65				

1 Morris, David	M69 Throwers Club	10.31m	13.00
M70			
1 Muller, Emil	M72 Quebec	15.78m	20.42
2 Staveley, Bob	M72 Ottawa Track	10.98m	14.21
3 Boles, Harvey	M70 Unattached	9.62m	12.45
M75			
1 Woerle, Max	M76 Throwers Club	7.89m	11.62

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Hammer

M40			
1 Parkinson, Richard	M43 Throwers Club	32.78m	35.39
2 Olivierre, John	M43 Throwers Club	31.78m	34.31
M45			
1 Yoisten, Dan	M47 Throwers Club	33.59m	39.79
M50			
1 Graczyk, Jan	M54 Throwers Club	45.66m	53.22
2 Pearson, Bill	M54 Throwers Club	31.87m	37.14
3 Myers, Joe	M54 Usa	31.08m	36.22
4 Bzibziak, Ray	M52 Usa	26.86m	31.30
M65			
1 Morris, David	M69 Throwers Club	26.82m	42.51
M70			
1 Muller, Emil	M72 Quebec	41.11m	66.23
2 Staveley, Bob	M72 Ottawa Track	32.48m	52.33
3 Boles, Harvey	M70 Unattached	25.40m	40.92
M75			
1 Woerle, Max	M76 Throwers Club	22.08m	41.39